

**WENDY BELCOUR (FRANCE)**

**“THE FRENCH CONNECTION – BRINGING TOGETHER THERAPISTS AND PATIENTS WITH GENTLE AROMATIC TOUCH”**



### **Workshop descriptor**

In this interactive and practical workshop you will discover “Nursing Touch<sup>®</sup>”, a soothing and relaxing therapeutic touch technique suitable for all health care practitioners. Nursing Touch<sup>®</sup> is an innovative method for soothing pain and promoting physical and emotional comfort. It was developed in France to bring pain relief and personalised support to people suffering from difficult and/or long-term illnesses but also simply from the trials and tribulations of everyday life (stress, insomnia, anxiety, chronic fatigue...).

The particularity of this gentle, non-invasive technique is the integration of personalised aromatic blends into talc or cornstarch to enhance the profound relaxation experience with a subtle olfactive journey. This method has been taught and practised throughout France since 2009. As the originator of this technique, in this session, Wendy will discuss the applications and benefits of Nursing Touch in the hospital and hospice environment.

### **About Wendy...**

Wendy Belcour is the co-director of the Ecole Internationale du Bien-Être (Toulouse, France) founded in 2009. A British trained clinical and holistic aromatherapist and massage therapist, Wendy is at the forefront of training Natural Health practitioners in France. She is also the initiator of several innovative techniques and supportive care services in France. Nursing Touch<sup>®</sup> is an innovative method for soothing pain and promoting physical and emotional comfort, incorporating light touch with powder fragranced with essential oils. This method has been taught and practised

throughout France since 2009. As the originator of this technique, in this session, Wendy will discuss the applications and benefits of Nursing Touch<sup>®</sup> in the hospital and hospice environment.

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