

**CARLA VESCOVI (BRAZIL)**

**“RELEASING TRAUMATIC MEMORIES WITH ESSENTIAL OILS CAN IMPROVE LIFE FLOW AND BALANCE”**



**Workshop descriptor:**

Traumatic experiences can profoundly affect peoples' lives. To deal and talk about them in therapy and with therapists can be very difficult and painful. In this workshop, Carla will be presenting the results of more than eight years of research and clinical care handling with release of traumatic memories across different age groups and genders. This pioneering work is conducted with very dilute essential oils, is gentle and non-invasive since the patient doesn't have to relive/re-experience the pain to obtain release. The results of this approach are remarkable; life flows more easily and softly in all aspects (relationship, career, financial and others).

In the class the following subject areas will be discussed:

- Working with traumatic memories relate to male figures (especially the father figure) and female figures (especially the mother figure).
- Dilutions, use and applications
- Healing our inner wounded child.

**About Carla...**

Carla S. Vécovi has been working with clinical and holistic aromatherapy and also as an aromatherapy educator in Campinas, Brazil for the past 10 years. She is founder of Aromaluz, a school of Aromatherapy that offers many courses from basic to advanced courses and workshops with national and international speakers. For many years, Carla has been researching the effect of very dilute essential oils, especially to release and heal traumatic memories. More recently, she has been working with children and teenagers at Hogares Claret Foundation in Colombia, an institution that offers therapeutic support for those who were affected by marginality, violence or the use of psychoactive substances. In her lecture and workshop, she will share concrete examples of how essential oils are very important tools to bring people back to life and love.